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Watt-Ahh: In a Glass of its Own



In the second edition of *Dancing with Water*, we devoted a lengthy chapter to the therapeutic effects of certain gases infused in water.

We discuss oxygenated (and ozonated) water, hydrogen-rich water, and the significance of carbon dioxide in water. Then in 2019, we were introduced to a new “gas-infused water,” called Watt-Ahh. Interestingly, the gas in this new water was water itself! You may think this is silly; after all, water *already has water in it!* But here’s where Watt-Ahh is in a class of its own.

Watt-Ahh is infused—not with water vapor (the accepted gaseous form of water)—but with another form of *water gas* known as dioxytetrahydride. That’s two co-valently bonded water molecules with 4 extra electrons forming a stable new molecule. These “double water molecules” repel each other, which allows them to maintain the gaseous state even when placed back into water. Their presence brings a new structural arrangement to water while adding an energetic quotient that is similar to water struck by lightning.

Dioxytetrahydride is known as *DiTetra® gas* and also as *SG gas*, (named after the two researchers—Suratt and Gourley—who found a way to create it). The high-energy, *water gas* is made by passing an electric current through water within a magnetic field, similar to reactions

that take place during a lightning storm. Each new molecule is positively charged—yet at the same time each new molecule is endowed with 4 extra electrons. Uniquely, it is capable of acting as an oxidant AND as a reductant. We know this sounds impossible ...and according to traditional chemistry, it is! BUT, research and testing prove the occurrence of both functions; a patent was awarded in April of 2019. Water infused with *DiTetra*® gas (Watt-Ahh) has many unique properties and so much potential that we believe scientists will be engaged for a LONG time—as soon as they can wrap their heads around it.

One of the most difficult things to comprehend about Watt-Ahh is that it has a higher ORP than typical water – yet it also provides extra electrons. This results from the unique structural arrangement of the *DiTetra*® gas. During the reaction that creates the gas, a strong magnetic field forces changes in the orientation of the bonds that hold hydrogen atoms to the oxygen atom while each hydrogen atom attracts an extra electron. The resulting *double water molecule* does not bond with other similar molecules even when under pressure. And when the gas is infused in water, mild oxidizing properties emerge. Watt-Ahh has an ORP between 370 and 450 with the ability to neutralize pathogens in the same way your immune system does. At the same time, Watt-Ahh has the potential to release an abundance of electrons. It flies in the face of traditional science! In a nutshell, here's what we found:

A source of energy

Watt-Ahh provides tiny packets of energy ready to be utilized for a myriad of biological functions—everything from supporting the mitochondrial production of ATP (where electrons are often a limiting factor) to wound healing and the reduction of inflammation.

Faster signal transmission

The presence *DiTetra*® gas in Watt-Ahh supports the development of a coherent crystalline network. This improves signal transmission and the transfer of information within biological organisms. No wonder many note enhanced cognition and clarity of thought when they routinely drink it.

Improved absorption

Watt-Ahh enhances absorption. This was shown during studies at the University of Florida where vitamin C uptake more than tripled when it was introduced with Watt-

Ahh. The presence of the gas appears to energize cellular receptors and to emulsify lipids for improved absorption and greater utilization of vitamins, minerals and other nutrients. In other words, you need fewer nutrients and your body doesn't have to work as hard to assimilate them.

Improved hydration

Watt-Ahh promotes rapid hydration. Reduced surface tension may play a role but we suspect intracellular water movement (largely dependent on membrane electrical potential) improves due to the release of electrons from the gas. Energized water passes easily through membranes and into cells.

Deep detoxification

Watt-Ahh combines water with energy—the two limiting factors for deep cellular cleansing. More on detoxification in Part 3.

Watt-Ahh has undergone rigorous testing to satisfy patent documentation. It looks and tastes like water. It IS water—at its energetic peak. It feels like *lightning in a bottle* ...and it is in a class all its own.

Part 2 Watt-Ahh and Salt

Minerals or “salts” provide essential electrolytes while serving as catalysts for a multitude of biological functions. They provide a framework for the development of a more coherent water matrix while supporting the transmission of energy throughout the watery environment of the body. When salts are included in water they play a significant role in maintaining electrolyte balance and in supporting optimal health. They add *life force* to water. Imagine the potential of Watt-Ahh and salt.

Before we discuss the addition of salts, it will help to understand what is happening at a molecular level. As mentioned previously, Watt-Ahh doesn't fit the current scientific model. Here are three pieces of the Watt-Ahh puzzle that leave traditional scientists scratching their heads:

- 1. In water, the presence of DiTetra® gas reduces *both* electrical conductivity and resistivity.**

According to text-book science, when conductivity *decreases*, resistivity *increases*

– and vice versa.

2. DiTetra® gas molecules appear to be smaller than molecular oxygen (O₂).

These unique gas molecules (made of 2 water molecules and 4 extra electrons) pass through a membrane more rapidly than molecular oxygen (O₂). They should pass more slowly since they are technically a larger molecule.

3. DiTetra® gas molecules have 4 additional electrons—one associated with each hydrogen atom.

According to traditional science, this is not possible.

If you have read *Dancing with Water*, you may notice a connection between the peculiarities listed above and something called [ormus](#)—elements in a *high-spin state* first identified by David Hudson in the 1990s. Hudson spent years attempting to understand how elements entered this high-spin state—a condition where they no longer interact with other elements. His work and the work of others identified “Cooper pairing” as the mechanism that makes it possible. The second edition of *Dancing with Water* provides an explanation—an *ahh-ha* to the Watt-Ahh puzzle.

“In the ormus state, an element’s outer electrons pair up with themselves rather than seeking to pair with other atoms. This arrangement, called Cooper pairing, causes each atom to spin rapidly—reminiscent of an ice skater as her arms are drawn inward. Theoretically, this reduces an atom’s size and weight. When atoms enter the high-spin/ormus state, they are no longer able to form chemical bonds with other atoms. However, large groups of them may gather to form coherent domains with superconductive properties and little resistance to the transmission of energy and information. This is possible because these elements in their ormus state develop an antimagnetic field called a Meissner field.

Unlike electrically conductive substances, the energy in a superconductive domain is transferred from Meissner field to Meissner field, which explains how the presence of ormus in water may contribute to its structure and enhanced ability to conduct energy and information. Meissner fields surrounding ormus elements actually repel water molecules, but in doing so, water molecules are required to become more organized. Water with an abundance of ormus has superconductive potential. Within

the human body it is capable of transmitting signals and other information with close to zero resistance.” (*Dancing with Water* pages 34-35)

This helps us understand what is likely happening with the 4 extra electrons in each DiTetra® gas molecule. In a Copper-paired relationship they would be unreactive, yet they would contribute to the development of ***a stable, superconductive, coherent domain in water.*** In other words, DiTetra® gas may be an *ormus-like* gas made of 2 different elements behaving similarly to monoatomic elements. The superconductive domain that results would be capable of amplifying and transmitting signals with unprecedented clarity and speed.

Let’s look at another piece of the puzzle:

4. DiTetra® gas and the array it creates in water, is so stable that the gas doesn’t escape when left exposed.

Watt-Ahh is structurally and energetically stable for years—tested under a variety of circumstances.

If DiTetra® gas is in a high-spin state, an antimagnetic (Meissner) field would be present surrounding each spinning molecule. In water, a tightly structured *hydration layer* would form immediately outside each Meissner field. Dr. Pollack, professor at the University of Washington, refers to this hydration layer as an exclusion zone (EZ). In order for it to form, water molecules must line up in a hexagonal array and eject one proton for every hexagonal subunit formed. The hydration layer /EZ acquires a negative charge, while the area just outside it develops a positive charge. As positive and negative charges interact, ormus-like DiTetra® gas molecules would intersperse equidistantly throughout the water, resulting in a 3-dimensional molecular array and a near perfect liquid crystal. DiTetra® gas would be *held* in water by attractive and repulsive forces supporting the stabilization of the whole. ...And now let’s look at what happens when salts are added.

Adding salts

The authors of *Dancing with Water* have always advocated the addition of *unprocessed natural salts* in their liquid form—as a saturated salt solution. In this way, the full spectrum of minerals are dissolved and their representative ions can easily disperse. When fully incorporated in water, salts participate in the development of a more complex liquid crystalline network in much the

same way as DiTetra® gas. In other words, each salt ion is surrounded by a hydration layer that tightly structures the water around it; the resulting separation of charge in the water produces forces that support the development of a liquid crystalline array that is unique to each salt or salt blend. When natural unprocessed salts are added to Watt-Ahh, they add depth to the already organized matrix. They provide an avenue for the transmission of energy and for the delivery of minerals in an energized state.

As *we* began to add salts to Watt-Ahh, we noticed some interesting things. Placing minerals in Watt-Ahh seemed to “turn on” those minerals. Then we realized the salts were acting more like ormus than simple dissolved salts. It was another Watt-Ahh moment! Given time in the presence of Watt-Ahh, salt ions themselves begin to spin... and spinning ions act like magnets. Once again, from the second edition of *Dancing with Water*, we read:

“Any process or device that spins water in the presence of magnetic fields awakens the ormus elements.” (*Dancing with Water* page 215)

In time, salts that are placed in Watt-Ahh are broken down into extremely tiny particles—much smaller than if they are simply dissolved. Many of these tiny ions (some of them atomic or diatomic) may enter their own high-spin state. No wonder we experienced deeper levels of cleansing and even more energy as we began to add minerals. Depending on the salts you select, you can create a biologically active electrolyte cocktail or an ormus-enhanced elixir. Here’s how:

Make a saturated salt solution

To make a saturated salt solution, use your favorite natural, unprocessed salt (Celtic Sea Salt, Himalayan salt, Real salt, and many others). Never use table salt which is extremely imbalanced; it includes anti-caking agents and has been stripped of all minerals except sodium and chloride.

1. Add 1 part salt to 3 parts filtered or spring water.
2. Stir the solution once or twice and then let it sit undisturbed for 24-48 hours.
3. Pour or siphon off the clear liquid, leaving the undissolved solids in the bottom. This is your saturated salt solution.

Add salts to Watt-Ahh

When adding the above salt solution to normal water (not Watt-Ahh) use 10-20 drops/liter of the

above saturated salt solution, depending on the minerals already preset in your water. Let it sit for several hours for best results prior to drinking.

However, when adding a saturated salt solution to Watt-Ahh, we have found it is best to allow the body some time to become comfortable with the Watt-Ahh delivery system. Begin slowly by adding 1 or 2 drops/liter (athletes or those who work outside, may use up to 4 drops). Let the water sit for several hours and consume within 2 days. Then after 2-3 weeks you can add more minerals (in increments) up to a final dose that will vary depending on the individual and their circumstances—somewhere between 15 and 30 drops/liter.

Making an ormus-enhanced elixir

Bamboo Salt is an ormus-rich salt made in Korea using a process developed over 1000 years ago by Buddhist monks. It transforms sea salt into a highly bio-available nutrient with therapeutic properties. The process concentrates ormus elements and spins them into their high-spin state. Bamboo salt does not need to be made into a saturated salt solution. A tiny pinch in a liter of Watt-Ahh releases ormus salts and provides a unique energetic imprint. It creates an elixir that is excellent for deep detoxification and remineralization of a depleted body.

- Add a *tiny* pinch of Bamboo salt to a liter bottle of Watt-Ahh and allow to sit for several hours.
- Drink within 2 days.

Note: We advise putting salts directly in the Watt-Ahh bottle—not in a glass or ceramic container. The reason for this will be discussed in Part 3.

Part 3: Getting the most from your experience with Watt-Ahh

Melanie and I “danced” with Watt-Ahh” for about 9 months before we felt we understood it enough to recommend it—and we are still exploring. In Part 3 we offer our suggestions for how you can maximize your experience and get the most from every bottle.

The energy of Watt-Ahh is inviting. Most will want to take a *loooong* drink the first time they have the chance—we did! So go ahead; quench your thirst, but then take it easy. Biofeedback indicated for us to start with a cup of water once or twice a day, and build to a liter a day. Each individual is different. For some, this may be too much to start with; others will be able to jump in and drink a whole liter/day right away. Your age and circumstances determine how much is

right for you. We suggest you start slowly and let your body guide you.

Your entire body will appreciate the extra cellular energy but the first thing it will do with it is *clean house*. If you begin too fast, you could experience symptoms of cleansing: headaches, fatigue, symptoms of a cold or flu, and others. Since most people are not in the habit of regular cleansing, they may start off feeling great, only to develop symptoms several days later (it can sometimes take a week or two before symptoms manifest). If this happens, stop and rest a few days before beginning again—more slowly. It's actually better for most people to take several months to work up to a level they are comfortable with.

Once you reach an optimal level of consumption (this will change as you drink the water over a period of time), you can begin to add minerals (see Part 2 (above) for instructions on how to do this). Because they are involved in so many processes, the inclusion of minerals will provide additional energy and the ability to cleanse at a deeper level. As before, take it easy when you start to add minerals. The best times to drink Watt-Ahh are first thing in the morning, 20-30 minutes before a meal and before/during gentle exercise. Some will find that 3 or 4 swallows before bed helps them to sleep; it will also support the regenerative processes that occur during that time—for others, it may keep them up. Always let your body guide you.

Energy—it's all about electrons

Dr. Albert Szent-Györgyi was awarded the Nobel prize in 1937 for identifying the redox reactions that liberate energy from hydrogen. He said:

“The cell needs small change if it is to be able to pay for its functions without losing too much in the process. So it oxidizes the H-atom by stages, converting the large banknote into small change.”

The reactions Dr. Szent-Györgyi identified take place within the mitochondria—specialized structures designed to create usable energy from the food we eat. The *small change* he referred to is the energy derived from hydrogen's electrons. During the final stage of the process that produces ATP, electrons pass from one compound to another. With each exchange, a tiny packet of energy is harvested. Interestingly, this stage requires 2 water molecules and 4 electrons.

One of the things that puts Watt-Ahh in a class of its own is the presence of DiTetra® gas with its unique molecular configuration bringing 2 water molecules together with 4 extra electrons. From

a mitochondrial point of view, the potential energy in these highly energized water molecules is at least double the amount available from typical water. Aside from the mitochondria, every organ and tissue that utilizes water, hydrogen and/or electrons gets an extra energetic punch. And the best part is that when DiTetra® gas molecules release their energized electrons, only water remains—there are no free radicals left behind. It's the cleanest fuel a body can get.

What's happening with all that energy?

The available energy in a human body is apportioned into three basic categories. The largest allocation is for maintaining basal metabolic rate. This includes things like breathing, blood circulation, controlling body temperature, and brain and nerve function. In other words, it is the energy required while we are resting. The next largest allocation is for physical activity. This is the energy needed for muscles to perform any type of movement. The last allocation is for the breakdown of food. As far as we know, no one has quantified the energy necessary for regular cleansing, and no one has determined the energy requirement for healing and/or regeneration.

One of the reasons fasting is a good way to improve health is because you use the *digestive energy allotment* for cleansing and regeneration. Similarly, *bed rest* taps into the *physical energy allotment*. Energy has to come from somewhere and if you are in a continual deficit, cleansing and regeneration always take a back seat. An additional allotment of energy would be like getting an extra Saturday once a month to clean up and do repairs around the house, and that's what Watt-Ahh is.

The two most important requirements for detoxification are water and energy. Watt-Ahh is both. First, your body will clean house, then it will begin to work on repairs. In the beginning you may not notice a difference, but over time you will discover that things are changing. One day you may wake up and realize that you haven't had a headache in over a month ...or that the nagging sinus problem you've struggled with for years has begun to resolve ...or that the pain in your shoulder is gone. That's when you'll have your own *Watt-Ahh moment* and gain an appreciation for how the water is helping you.

Organization improves absorption

When water is organized at a molecular level (sometimes referred to as structured) its efficiency improves and it assumes the properties of crystals—known for their ability to amplify, store, modulate and conduct energy. Water in this state is referred to as *liquid crystalline water*, a coherent fluid crystal in which individual molecules cooperate on a quantum level. Watt-Ahh is a

near perfect liquid crystal. Absorption improves because the signals it conducts are amplified, cell receptors are activated, lipids are emulsified and mineral ions become energized. This translates to greater utilization of nutrients.

When we explored the use of vitamins and other supplements with Watt-Ahh, we found that if we took them within an hour (either before or after drinking Watt-Ahh), their effects were often amplified. This can be advantageous if you are good at determining your body's needs; you may be able to reduce the supplements you take. But if you take over-the-counter medicines or prescription drugs, make sure you take them with regular water.

Other ways to have fun with Watt-Ahh

Watt-Ahh is being seriously investigated for its beneficial effects on the skin. Many conditions improve or resolve completely when the water is regularly applied. In case studies, wound healing time was shortened while scarring was minimal or non-existent. Watt-Ahh has mild antibacterial effects so its use for acne and burns is a *no-brainer*. Regular use on the face softens skin (yes, we've tried it), and when used with a tiny amount of organic oil (coconut, avocado, almond or others) it is as good as any moisturizers on the market (we've tried this too). Watt-Ahh emulsifies the oil; then each one carries the other into the skin. As a refreshing way to end a shower and the perfect time for optimal absorption, spray/mist Watt-Ahh on your skin. If you have a facial steamer, try Watt-Ahh rather than distilled water; remember to keep your eyes open and breathe deeply. Eyes are almost 100% water and you may notice some interesting regenerative benefits for your eyes (we have). Breathing the steam will take the water into your sinuses and into your lungs where it can assist with a variety of respiratory issues. There are lots of possibilities.

One more rule to break

We've noted that Watt-Ahh breaks many accepted rules of science. It also breaks one of the most well established rules for water: *Never store water in plastic.*

We know everything you've ever read favors the use of glass or ceramic for water storage. And everything you've read is true—for typical water. But, Watt-Ahh isn't typical water and the presence of DiTetra® gas changes its properties. We discussed in Part 2 that Watt-Ahh has many properties similar to ormus. When minerals are added, they also acquire ormus-like traits as they enter a high-spin state. One of the little-known characteristics of ormus is that it can often “tunnel” through glass and other barriers.

It was Brian Josephson (awarded the Nobel prize in 1973) who first predicted the tunneling of superconducting Cooper pairs. The phenomenon is known in the ormus community and numerous methods have been devised in an attempt to *contain* some of the more energized ormus products. Glass and ceramic have tiny pores that appear to attract elements in their high-spin state. They are not the best materials for storing Watt-Ahh. Plastic is more suitable; it maintains an inert relationship with the spinning elements. Testing after years of storage in plastic bottles reveals that Watt-Ahh is still ultra pure and the bottles have not degraded. So if you are tempted (like we were) to put Watt-Ahh in a glass container, resist the urge and leave it in the plastic bottle.

We think you'll enjoy *Dancing with Watt-Ahh!*

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